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News You Choose

## LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 09/24/2019 10:56 AM EDT

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### Longfellow Middle School PTA

## Important Directory Information

***Our directory this year will be online only.*** There are some **important** steps you need to take to maintain access.

- **Everyone will have access to the online directory until the end of October** to verify your directory information. You may add or delete as much information as you would like during the verification process. *A verification email will be sent out shortly from A to Z Directory.*
- **Starting the first week of November** only those who have [joined the LMS PTA](#) for the 2019-2020 school year will have access to the the directory. Sign up [HERE](#) to become a member and donate to **Support Excellence Campaign** today.
- **A verification email will be sent out shortly from A to Z Directory.** *Be on the lookout for it and verify the information ASAP.*

Please contact Monette Ta at [lms.ptadirectory@gmail.com](mailto:lms.ptadirectory@gmail.com) with any questions.

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## An Essential Presentation For Students and Parents

**Wednesday, October 16th 6:40 p.m. - 8 p.m.**  
**(after short PTA Mtg)**  
**Longfellow Lecture Hall**



Please join us for an engaging evening for **parents and students** as **Ann Dolin**, local author and tutoring expert presents: **Habits for Middle & High School Success: Strategies for Organization, Focus, Motivation, and most importantly... Communication.** Don't miss this opportunity for your students to hear with you how they can take their study skills to the next level and improve their executive function skills. Ann Dolin is the founder of [Educational Connections](#), and is a former Fairfax County, VA public school teacher with over 20 years of teaching and tutoring experience. After leaving FCPS in 1998, Ann founded [Educational Connections](#) as its only employee with the goal of providing individualized one-to-one instruction based on each student's learning style. Today, her company employs over 200 tutors, serves the entire metropolitan D.C. area, and has worked with over 8,000 students.

Ann's engaging presentation will cover:

- Essential study habits to help kids plan ahead and stay on top of an increased workload.
- The Organizational Arsenal: Tools and strategies to keep kids on track.
- Using powerful questions to spark motivation and open the lines of communication.
- Practical ways to prepare for block scheduling and tame procrastination.

A short PTA meeting will precede the presentation.

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## Reflections - Call For Submissions

For 50 years, National PTA's Reflections program has helped students explore their own thoughts, feelings and ideas, develop artistic literacy, increase confidence and find a love for learning that will help them become more



successful in school and in life. This year's theme is "**LOOK WITHIN**". Students can create theme-based artwork in dance choreography, film production, literature, musical composition, photography or visual arts.

**[Submission guidelines and entry forms can be found here.](#)** Entry forms will also be available at the front office.

Submissions will be accepted now through Friday, October 18<sup>th</sup>, 2019. Submissions will be collected in the bins labeled "Reflections" at the front office.

Specific entry rules can be found at the bottom of the Virginia PTA - Reflection page: <https://vapta.org/programs/arts-and-education/reflections-top>

For questions, please contact Reflections Chair, Kathryn McCormick @ [mccormick.kathryn@gmail.com](mailto:mccormick.kathryn@gmail.com)

## Spirit Wear Online Pop Up Shop Now Open

### Order Deadline: Oct 6th

If you missed us at Back to School night, you have another opportunity to shop for Spirit Wear at our online Pop Up shop. Stock up on our cozy hoodie, pajama pants, performance socks. or long-sleeve tee – all perfect for the cool, crisp fall weather. Don't miss out! Orders placed by Oct 6th will be delivered to your child the week of October 7th at school. [Place your order here.](#)



## Yogurt Sales Friday, September 27



Send your student with \$3 on Fridays in September and October. Zinga yogurt will be for sale at dismissal. This is a fun way to end the week and very popular among the students.

## New Parent Coffee

Please join members of Longfellow staff and PTA for coffee and conversation **Monday, October 7, 2019 at 9:00 AM – Longfellow Lecture Hall** whether you are new to Fairfax County or to Longfellow Middle School, here is your opportunity to have all your questions answered in one setting.



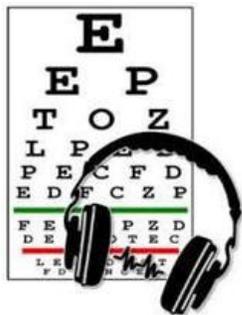
Members of staff and the PTA will be on hand for a Questions and Answers session about the ins and outs of Longfellow Middle School.

Topics for Discussion:

- Middle School credits that transfer to High School
- AAP Admittance
- TJ Applications
- After School Activities and Clubs
- Parent SIS Accounts
- My School Bucks
- Getting Involved

Please contact Tong, [wutong98@hotmail.com](mailto:wutong98@hotmail.com), or Julia, [juliamtoro@gmail.com](mailto:juliamtoro@gmail.com), if you have any questions.

## 7th Grade Hearing and Vision Screen - We Need Your Help



**TUESDAY, OCTOBER 8, WEDNESDAY, OCTOBER 9<sup>TH</sup>  
AND THURSDAY, OCTOBER 10<sup>TH</sup>, 2019**

We still need volunteers on each shift.

Please check the available time slots below.

Call the Clinic @ 703-533-2610 with questions and to volunteer:

- Tuesday, October 8<sup>th</sup> – Mr. Alexander's classes
  - 7:30 to 9:20 – 3 volunteers needed
  - 11:10 to 2:00 – 3 volunteers needed

- Wednesday, October 9<sup>th</sup> – Ms. Creeden and Mr. O’Connor’s classes
  - 7:30 to 11:10 – 1 volunteer needed
  - 11:00 to 2:00 – 3 volunteers needed
- Thursday, October 10<sup>th</sup> – Ms. Shapiro’s classes
  - 7:30 to 10:05 – 5 volunteers needed
  - 10:00 to 1:10 – 4 volunteers needed

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## "Like"

### *An IndieFlix Original Documentary*

**Thursday, October 10, 7:00-8:30 p.m. in the  
Langley High School Auditorium**

**Tuesday, October 15, 7:00-8:30 p.m. in the  
McLean High School Auditorium**



### **Are You Using Technology or is Technology Using You?**

As part of a yearlong focus on social media wellness, the [Safe Community Coalition](#), in conjunction with the PTAs of Langley High School and McLean High School invites you to a free community showing of the compelling new IndieFlix Original Documentary “**LIKE.**”

Technology is here to stay and social media is a place to connect, share and express our feelings. It is also a place of self-comparison, constant fear of missing out and a way to channel our addictive tendencies, which can be harmful for mental health. What’s going on behind the screens? While we are more connected than ever, it’s hard to know if technology is helping us or hurting us, yet we do have a choice when it comes to managing the way we use technology.

The goal of the film is to educate, inspire and equip us to self-regulate. After the film, discussion will be led by Dr. Cliff Sussman, a DC-based psychiatrist and expert on helping people achieve a more balanced relationship with digital technology.

**This event is free and recommended for adults and students of any age who have phones.**

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## Upcoming Candidate Forums for

# School Board Members and Other Local Officials

While the news media is focused on the 2020 presidential election, we have an election this fall that will have a greater impact on our day-to-day lives.

**The Fairfax County Council PTA is partnering with the League of Women Voters and 14 other non-partisan organizations to present Candidate Forums** where citizens can ask questions, learn about local issues and meet the candidates in person.

*The PTA does not take part in political campaigns or support individual candidates, but is committed to helping ensure parents' voices are heard.*

All of the forums currently scheduled can be found [here](#). Please attend one of the forums if you can and submit questions for the candidates. Click [here](#) to submit a question.

NOTE: *Remember that your school is located in one district but the families who attend may live in a neighboring district. People can learn which district they live in [here](#).*

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## Shop & Support Longfellow

[Use this link](#) every time you shop on Amazon and before adding items to your cart. Our school receives between 4 and 10 percent of the value of your Amazon purchases when you start your shopping through this Longfellow link.



Like us on Facebook!

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## Important Dates

- **Friday, September 27** – Yogurt Sales
- **Monday, October 7** – New Parent Coffee (9:00 am)

- **Wednesday October 16** – PTA Meeting (6:40 pm) - Guest Speaker Ann Dolin, M.Ed.

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Longfellow Middle School PTA: Web | PTA Contacts

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