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## LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 04/28/2020 04:22 PM EDT

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### Longfellow Middle School PTA

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## PTA Presidents Q & A Video With Dr. Brabrand



Fairfax County Public Schools Superintendent Scott Brabrand joins Fairfax County Council PTA and local PTA presidents to answer questions about distance learning and other ways in which education is changing during the COVID-19 pandemic. [Here is a link](#) to the 50-minute discussion covers three topics:

1. How did we get here? Understanding the rollout of face-to-face learning.
2. What can we expect moving forward?
3. How will FCPS improve consistency and communication?

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## We Need Your Help to Make Teacher Appreciation Week A Success

Next week is teacher appreciation week and we want to make sure our teachers know how much we appreciate them.

The PTA has purchased reusable masks for the entire LMS team and they will be distributed soon.

***We would also like to put together a video to say THANK YOU and we need your help.*** The LMS community is amazing and with your help we can show our appreciation. Here is what we need from your child or family:



- A short video (10 seconds or less) saying thank you
- A picture saying thank you

Have fun with it! Adding visuals makes the video even better. Write "Thank You" on piece of paper, poster board or on the the driveway with chalk and take a photo.

Please email your video or photo [communications.ptalms@gmail.com](mailto:communications.ptalms@gmail.com) **by noon on Friday, May 1, 2020.**

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## Tips and Advice from the Safe Community Coalition's Mental Health Committee

*Celebrating 25 years, 1995-2020*



For 25 years, the Safe Community Coalition has been working to help families in McLean thrive. During this pandemic crisis, members of the SCC's Mental Health Committee have been working to provide resources including videos and tips that are now posted on the SCC website at <http://mcleanscc.org/>.

Topics include:

- Grounding Techniques to Help Cope with Uncertainty
- How to Meet Kids' Three Basic Needs: Competence, Connection, and Autonomy
- Healthy Coping Strategies During Uncertain Times
- Staying Positive
- Finding a Counselor: Tips and Advice

Check out the SCC's Facebook and Twitter pages (both: @mcleanscc) for timely articles related to stress, anxiety, and coping during the pandemic. See you all next year at our many SCC events. Until then, stay well.

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## Food Donations Needed

FCPS has put together a comprehensive list of food pantries for donations as well as donating directly to the FCPS Foundation. Longfellow students in need are served by both the **Food For Others** and **Share** food banks. For more information on how to donate or volunteer to any of these organizations, please click [here](#).




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## Shop Amazon and other retailers to support LMS PTA!

**SHOP TO  
SUPPORT**

Help the PTA Earn Free Money  
While You Shop!

[BY CLICKING HERE](#)

Our school receives over \$7,000 each year in donations from the grocery card and shopping programs. Just through our shopping parents!

*Glant was one of our largest programs, though they ended their school program this year. This will impact our fundraising for the 2019-2020 school year.*

Fortunately there are many other retailers like Amazon who still support schools. Please take advantage of these and encourage your friends and

relatives to do the same.

**Every purchase counts! Thank you!**

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**Like us on Facebook!**



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