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News You Choose

## LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 04/23/2020 11:09 AM EDT

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### Longfellow Middle School PTA

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## Get Your Questions Answered

Dear parents,

Friday marks six weeks since schools closed, and many parents still find themselves with more questions than answers. The fluidity of FCPS' synchronous learning launch has challenged our community. On top of this lies the uncertainty of summer, fall, and what we used to call "Back to School."



All PTA Presidents have been invited to a Q & A session with Dr. Brabrand. I want to submit questions from the LMS community. Please provide me with your helpful questions by noon tomorrow, April 24, 2020. You can email your questions to me at [president.ptalms@gmail.com](mailto:president.ptalms@gmail.com).

I will submit the questions for the Q & A session, and the meeting will be recorded and we will share it with the LMS community as soon as it is

available.

Thank you for your support,

Jennifer Von Elm

LMS PTA - PResident

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## LONGFELLOW Middle School Virtual Parent Coffee



**Friday, April 24th at 9:00 am**

- Welcome - Administrator and School
  - Based Technology Specialist Introductions
  - Distance Learning Highlights
  - Updated Distance Learning Procedures
  - Tools for Organizing for Distance Learning
- How can parents help support students at home

You are invited to attend the following Blackboard Collaborate session:

**Name:** Longfellow MS Virtual Parent Coffee

**Starts:** April 24, 2020 9:00:00 AM EDT

**Ends:** April 24, 2020 11:30:00 AM EDT

**Invite others to join:** Send this guest link to your attendees:

• **Guest**

**link:** <https://us.bbcollab.com/guest/659d4f7fcc354651994bd66718149e1a>

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## Tips and Advice from the Safe Community Coalition's Mental Health Committee

For 25 years, the Safe Community Coalition has been working to help families in McLean thrive. During this pandemic crisis, members of the SCC's Mental Health Committee have been working to provide resources including videos and tips that are now posted on the SCC website at <http://mcleanscc.org/>.

Topics include:

- Grounding Techniques to Help Cope with Uncertainty
- How to Meet Kids' Three Basic Needs: Competence, Connection, and Autonomy
- Healthy Coping Strategies During Uncertain Times
- Staying Positive
- Finding a Counselor: Tips and Advice

Celebrating 25 years, 1995-2020



Check out the SCC's Facebook and Twitter pages (both: @mcleanscc) for timely articles related to stress, anxiety, and coping during the pandemic. See you all next year at our many SCC events. Until then, stay well.

## Food Donations Needed



FCPS has put together a comprehensive list of food pantries for donations as well as donating directly to the FCPS Foundation. Longfellow students in need are served by both the **Food For Others** and **Share** food banks. For more information on how to donate or volunteer to any of these organizations, please click [here](#).

## Shop Amazon and other retailers to support LMS PTA!

Help the PTA Earn Free Money  
While You Shop!

[BY CLICKING HERE](#)

**SHOP TO  
SUPPORT**

Our school receives over \$7,000 each year in donations from the grocery card and shopping programs. Just through our shopping parents!

*Glant was one of our largest programs, though they ended their school program this year. This will impact our fundraising for the 2019-2020 school year.*

Fortunately there are many other retailers like Amazon who still support schools. Please take advantage of these and encourage your friends and relatives to do the same.

**Every purchase counts! Thank you!**



**Like us on Facebook!**

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