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## LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 03/07/2019 08:07 AM EST

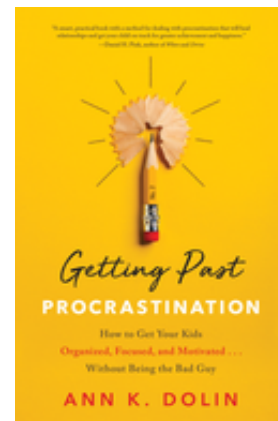
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### Longfellow Middle School PTA

## March PTA Meeting and Guest Speaker — Ann Dolin, M.Ed.

Friday, March 8 at 9 a.m.

Join us this Friday, March 8th at 9:00 a.m. for the PTA meeting where we will continue the discussion about overcrowding at McLean High School. We will have updates from community leaders and FCPS on the overcrowding and plans to help McLean fit its growing body for next year and beyond. Following the meeting, Ann Dolin, founder of Educational Connections, will present **Habits For High School Success: How to get your child organized, focused and motivated.....without being the bad guy**. Find out how to help your child study for high school success. For more information about Ann Dolin and her presentation, [click here](#).



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## PTA Executive Board 2019/2020



We begin recruiting for the PTA for next year by advertising our open board positions. The great news is three of our board members are returning next year, while several of our board members age out of Longfellow. Our PTA board will have several openings for the fall to include VP of Fundraising, Treasurer and Secretary. We are also hoping to fill the position of President Elect. The PTA has a long tradition of supporting Longfellow teachers, staff and students with diverse programming and community outreach. Please contact Jennifer Von

Elm at [president.ptalms@gmail.com](mailto:president.ptalms@gmail.com) to discuss any of the above openings.

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## McLean Madness

### Longfellow Lancers vs. Cooper Cougars

Don't miss out on this fun event for students to cheer on their fellow student players as they take on the Cooper Cougars.

**Ticket price: \$7**

**How to purchase your tickets:**

You can now buy your tickets online. [CLICK HERE](#) to buy your ticket today.

*We will also sell tickets at the PTA meeting on Friday, March 8th.*

***Tickets are going fast so don't wait to make your purchase.***

**When:** Friday, March 22<sup>nd</sup>

**Where:** McLean High School  
[1633 Davidson Road, McLean, VA 22101](#)

**Wristband pick up** will start at 5:30 pm in the cafeteria. ***You will need a wristband to enter the gym.***



**Game starts** at 6:30 pm.

## Spirit Wear Popup Shop



**Get your Spirit on for Spring** and for the March 22nd Big Basketball Match up: Longfellow vs. Cooper at McLean High School. We have multiple color options in short sleeve T's, Royal Blue long sleeve T's, PJ pants, and car magnets. Orders will be taken until March 18 and fulfilled and delivered through school by March 19 just in time to wear to the big game!

[Click here](#) and buy your Spirit Wear TODAY!

## Spring Fling Luncheon Donations Needed

Wednesday, March 20

Spring is just around the corner. To celebrate, the PTA Hospitality Committee is planning a pasta and salad luncheon for our wonderful teachers and staff. [Please click here to provide items or your time to help us make this luncheon a success.](#) 8th-grade honor students can earn 1 service hour by providing a **homemade** dessert or salad. Donations should be dropped off by 9:30 a.m. on Wednesday, March 20 in the front office or food lab. Thank you for your generosity.



## Celebrate Our Diversity at Heritage Night

Friday, March 29, 6 to 8:30 p.m.

Heritage Night is our largest community event of the year with over 500 attendees last year. It's not too early for you and your students to get involved! [Sign up here to show off your family's heritage with a dish to share and/or to volunteer.](#) Students who make a dish from scratch or volunteer to help can receive one service hour for their time.



Questions? Please email Mel Tillotson at [vpprograms.ptalms@gmail.com](mailto:vpprograms.ptalms@gmail.com).

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## Host a Student from Monaco!

### March 30 through April 5

Do you want to practice your French, or connect to a new culture? A group of French students is coming to visit Longfellow again this year, from a school located in Monaco, the tiny kingdom in the south of France. We are looking for families to host one or two students from Saturday, March 30 to Friday, April 5. The students will have the opportunity to visit the famous landmarks in and around Washington DC while also immersing themselves into American life by living with host families. They will learn about American culture, language, food, and politics, while you will also have a chance to learn from them! To learn more, view a sample itinerary, or sign up to host, visit <https://www.alacartetravel.com/charles-3-french-exchange-2019> or email Madame Barrau at [cbarrau@fcps.edu](mailto:cbarrau@fcps.edu).




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## Study Tour of Japan



**Educational Tours**

Mr. McElroy (8th grade Civics teacher) is organizing an 11-day whirlwind [Education First](#) study tour of Japan, “[The Land of the Rising Sun](#)”, scheduled for late June 2019. Tour stops will include Tokyo, Kamakura, Hakone, Kyoto, Nara, Hiroshima, Osaka, and more! If you are at all interested and would like to attend a parent information meeting, please e-mail Mr. McElroy ([MBMcElroy@fcps.edu](mailto:MBMcElroy@fcps.edu)) ASAP. Space is limited and the registration deadline is approaching!

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## FCCPTA Listening Tour

PTA members are invited to attend one of the Fairfax County Council PTA Listening Tour events to share thoughts about education in Fairfax County. Information from parents, teachers, and students will complement the FCCPTA Education Survey and inform their work. Each session will be open-house style, from 7 to 9 p.m. Please join any of the following events:



- Mar 11 [Mount Vernon HS](#)
- Mar 18 [Madison HS](#)
- Apr 1 [Marshall HS](#)

Questions? Contact Stella Pekarsky, [vp.outreach@fccpta.org](mailto:vp.outreach@fccpta.org).

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## Attention 8th Grade Parents



The 8th Grade Party Organizing Committee has started planning for this year's party which will be held Tuesday, June 11 from 7 to 9:30 p.m.

We are looking for volunteers that are interested in planning and/or volunteering the evening of the dance.

If you are interested please contact Cathy Sarris at [clsarris@hotmail.com](mailto:clsarris@hotmail.com) or Susan Thomas

at [sdthomas906@gmail.com](mailto:sdthomas906@gmail.com).

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## Anxious Kids, Anxious Parents Book Talk

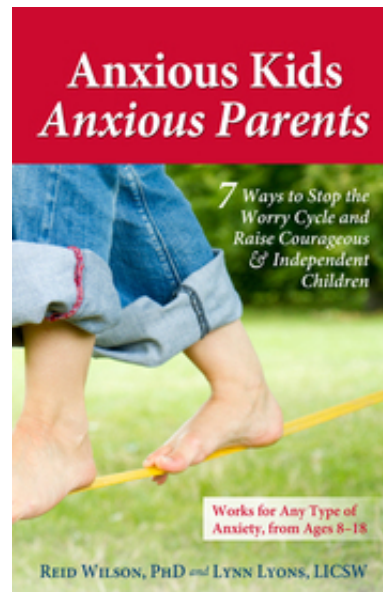
March 26, 10 a.m.  
McLean High School

**Dr. Melissa Sporn**, local psychologist and McLean High School mom, will lead a book talk on *Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children*. Come join other McLean High School and Longfellow Middle School parents for coffee and danishes while discussing the book's topic of anxiety. Having read the book isn't necessary to participate. All attendees must check in at MHS front office and will be directed to the discussion room. **Beth Werfel**, MHS school

psychologist, will also be present to describe the school's mental health supports.

Following the book talk, the Safe Community Coalition will be hosting the author, **Lynn Lyons**, for an evening presentation at the McLean Community Center, on April 1 at 7 p.m. as part of a yearlong focus on youth anxiety. Lynn will provide practical and straightforward strategies that parents and educators can use to break the cycle of anxious worrying.

Tickets for the April 1 presentation are available at <https://reducinganxiety.brownpapertickets.com/>



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### Longfellow Middle School PTA: Web | PTA Contacts

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