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LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 03/13/2020 01:07 PM EDT

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Longfellow Middle School PTA

FCPS COVID-19 Update

Last night Dr. Brabrand, FCPS Superintendent, provided an update regarding the county's plans.

That information [can be found here](#). **With this**

update all PTA activities have been

canceled/postponed. *For those who bought*

basketball tickets your money will be refunded in the next couple of days.



If you have any questions please contact LMS administration.

Worried About COVID-19 and Potential Changes to the School Schedule?



It is important to remember that students look to adults for guidance on how to react to stressful events. If parents seem overly worried, children's anxiety may rise. Parents should reassure children that health and school officials are working hard to ensure people throughout the country stay healthy.

The National Association of School Psychologists and National Association of School Nurses has compiled guidelines for talking with your children. A few of these include:

- **Remain calm and reassuring**
- **Be honest and accurate**
- **Maintain a normal routine to the extent possible**
- **Encourage sleep and exercise to promote physical and mental wellness**

You can find the full article on the FCPS Healthy Minds blog here: [Talking to Children ABOUT COVID-19.](#)

Special Presentation - On Vaping

Vaping is a serious health problem according to the CDC and the dangers of vaping during adolescents is still not fully understood. Last Friday, our **PTA Meeting was followed by an important presentation on vaping.** Kelly Rankin, a Substance Abuse Prevention Specialist with FCPS joined us to discuss the dangers of vaping and nicotine addiction. She also covered Marijuana, THC Oil and CBD.



Here is the [LINK](#) to the presentation that she gave.

PTA Executive Board 2020/2021

The Longfellow PTA is seeking a Vice President of Programs to serve on its Executive Committee for the next school year. This position oversees the various committee chairs under it, including Hospitality, Teacher Appreciation Week, Heritage Night, Movie Days, and the 8thGrade Party. Each of these



committees is headed by dedicated volunteers, so the VP is not expected to run these events alone. If you are interested in learning more about this position or any of the committee positions available at LMS, please contact Karen Leiser at kaleiser@leiserlaw.com.

Not interested in the board? Be on the look out for all our open committee positions. There is a

role for everyone.

Support Excellence Campaign

Thank you to the families that have contributed to the **Support Excellence** program. Your **generous contributions** have enabled the PTA to directly support the students, teachers and the Longfellow community.

Please consider a **tax-deductible donation** to the PTA so we can fully **Support Excellence at Longfellow**. [Click here](#) to make your **tax-deductible donation**.



Shop Amazon and other retailers to support LMS PTA!

SHOP TO SUPPORT

Help the PTA Earn Free Money While You Shop!

[BY CLICKING HERE](#)

Our school receives over \$7,000 each year in donations from the grocery card and shopping programs. Just through our shopping parents!

Glant was one of our largest programs, though they ended their school program this year. This will impact our fundraising for the 2019-2020 school year.

Fortunately there are many other retailers like Amazon who still support schools. Please take advantage of these and encourage your friends and

relatives to do the same.

Every purchase counts! Thank you!

Like us on Facebook!



Important Dates

- **Thursday, March 19** - Spring Fling Luncheon - **CANCELED/POSTPONED**
- **Friday, March 20** - Longfellow vs. Copper Basketball Game - **CANCELED/POSTPONED**
- **Friday, March 27** - Heritage Night - **CANCELED/POSTPONED**
- **Tuesday, March 31** - Chipotle Restaurant Night - **CANCELED/POSTPONED**
- **Wednesday, June 10** - 8th Grade Party - **SAVE THE DATE**

Longfellow Middle School PTA: Web | PTA Contacts

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