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LMS PTA News and Events

Fairfax County Public Schools sent this bulletin at 11/21/2019 06:30 AM EST

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Longfellow Middle School PTA

Fairfax County Public Schools Boundary Meetings

Fairfax County Public Schools (FCPS) is considering a boundary adjustment to provide capacity relief to McLean High School.

Parents and guardians are invited to attend a **boundary scope meeting** to learn about the process, background information, possible scenarios, and work in small groups to provide feedback to staff about what schools should be considered in the boundary study. Two scope meetings are scheduled. **No decisions will be made at these meetings.** The same information will be presented to the community at both meetings.



- **Monday, December 2** from 7:00 to 8:30 p.m. at Langley HS, [6520](#)

[Georgetown Pike, McLean, VA](#)

- **Wednesday, December 4** from 7:00 to 8:30 p.m. McLean HS, [1633 Davidson Rd., McLean, VA](#)

Both meetings will be held in the cafeterias. Learn more about the meetings and boundary adjustment process [here](#).

Dr. Heather Tedesco Presentation

PRESENTATION

Thank you to everyone who attended the PTA meeting on November 11th

Dr. Heather Tedesco gave a presentation on - Anxiety and stress in kids: How to recognize it, cope with it, and alleviate it

Her presentation included crucial information about stress and anxiety in kids. In addition, she will offer strategies to help parents nurture in their children the psychological characteristics strongly linked by research to long-term success and happiness.

Please [click here](#) to read Dr. Tedesco's biography.

Here is a [link](#) for Dr. Tedesco's and the LMS counseling team's presentation regarding anxiety and stress.

REFLECTIONS WINNERS!

PTA Reflections is a national competition encouraging students' participation in the arts and recognizing their achievements. The National PTA Reflections Program recognizes students at local, council, district, state, and national PTA levels. This year, Longfellow PTA's Reflections has four winners who will be advanced to the next level. Congratulations to the following winners:



- Visual Arts: Aileen Zhao (8th Grade)
- Photography: Sophia Park (7th Grade)
- Writing: Abigail Sterner (8th Grade)

- Dance: Sicilia Oliver (7th Grade)

Good luck to these student in the council competition, and congratulations to all the students who participated in this year's Reflections!

Greece & Rome Study Tour



Looking for the perfect holiday gift? Mr. McElroy and Ms. Bognolo-Valentine, are planning an ACIS study tour to Greece and Italy: "The Cradle of Civiliation." Scheduled for late June 2020, participants will experience Athens, Delphi, the Sorrento Coast, Pompeii, Rome and more!

If you would like your child to expand their language learning with a cultural experience outside the classroom, then this is the trip for you. Parents are welcome, too!

An informational meeting will be held on Wednesday, December 4 at 7:00 p.m. in Room 011. If you are interested, or have any questions, please

contact Mr. McElroy at zhstudytours@gmail.com or Ms. Bognolo-Valentine at: senorabv@gmail.com

Westgate PTA is bringing Screenagers Next Chapter to Westgate!

All parents are invited. This is a special opportunity to watch this documentary. Please join us on December 5th at 7pm. **Tickets for the evening are available at the following link:** [Screenagers: Next Chapter Presented By Westgate PTA.](#)



Screenagers Next Chapter was just featured in the *Washington Post* and in *Good Morning America*. Please click on the links below to find out more about the documentary.

WASHINGTON POST

https://www.washingtonpost.com/health/filmmaker-asks-how-adults-can-help-digitally-obsessed-teens-tackle-mental-health-challenges/2019/10/25/0f71a57e-f5b6-11e9-8cf0-4cc99f74d127_story.html

GOOD MORNING AMERICA

[Click here to view the segment](#)

Have you started your Holiday shopping? Need school supplies? Shop Amazon and other retailers to support LMS PTA!

SHOP TO SUPPORT

Help the PTA Earn Free Money While You Shop!

[BY CLICKING HERE](#)

Our school receives over \$7,000 each year in donations from the grocery card and shopping programs. Just through our shopping parents!

Glant was one of our largest programs, though they ended their school program this year. This will impact our fundraising for the 2019-2020 school year.

Fortunately there are many other retailers like Amazon who still support schools. Please take advantage of these and encourage your friends and relatives to do the same.

Every purchase counts! Thank you!

Like us on Facebook!



Important Dates

- **Friday, November 22** - Longfellow Love Jam-a-thon
- **November 27 thru November 29th** - Thanksgiving Break
- **Wednesday, December 18** – Teacher & Staff Cookie Bake
- **December 23 thru January 3** - Winter Break
- **Friday, January 10** - PTA Meeting & Guest Speaker

Longfellow Middle School PTA: Web | PTA Contacts

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