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News You Choose

LMS PTA News and Events - CORRECTED

Fairfax County Public Schools sent this bulletin at 10/30/2019 09:41 AM EDT

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Longfellow Middle School PTA

CORRECTION - DEADLINE to Verify Your Email for the Online Directory TOMORROW

*The PTA directory this year will be **ONLINE ONLY**. **You have until tomorrow to verify your email and** your directory information. [Click here](#) to learn more about updating and accessing the directory.*



*Please note - **A verification email has been sent out to you from A to Z Directory**. Be on the lookout for it and verify the information ASAP (check your junk mail folder if you have not received a verification email).*

Please contact Monette Ta

at lms.ptadirectory@gmail.com with any questions.

Lancers at the Movies - Buy Your Tickets Before They Run Out

Tuesday, November 5, 11:30 a.m. at the AMC Tysons Theater

Join your friends for a day at the movies on a teacher workday for only \$11 per ticket! We will see **The Addams Family**, a new PG movie. This event is open to all Longfellow students, siblings, and parents. This is a private event – the Longfellow PTA will rent the whole theater. [Buy your tickets here.](#) Tickets are limited. and will be sold **online only, so buy your tickets now!** TICKETS WILL NOT BE SOLD AT THE DOOR.



Join Us For A Veteran's Day PTA Meeting & Guest Speaker, Dr. Heather Tedesco



Monday, November 11th @ 9:00 A.M., Lecture Hall

Please join us for a PTA meeting and an **important discussion** on dealing with anxiety and stress in our lives. The PTA Meeting will last about 20 minutes followed by members of the school counseling team discussing strategies and programs used in the school to identify kids with anxiety and stress and the school resources available to students. Dr. Tedesco's presentation will start at approximately 9:30.

Anxiety and stress in kids: How to recognize it, cope with it, and alleviate it

The incidence of clinical anxiety in our youth is at a record high, and most children experience some degree of stress and anxiety. Our society places many pressures on kids today. As parents, we need to understand what factors

contribute to stress and anxiety, how we can help our children cope effectively with these inevitable emotions, and what we can do to reduce some of the tremendous pressures they face. The bonus is that by learning how to help our children, we also learn how to help ourselves!

Join [Dr. Heather Tedesco](#) as she presents crucial information about stress and anxiety in kids. In addition, she will offer strategies to help parents nurture in their children the psychological characteristics strongly linked by research to long-term success and happiness. Please [click here](#) to read Dr. Tedesco's biography.

ISO Volunteers for LMS PTA Grants Committee

The LMS PTA Grants Committee funds programs and classroom materials that enhance the learning experience at Longfellow Middle School. **The Committee needs 3 parents to help review these grant applications from the LMS faculty and**



staff. The time commitment is minimal, with one 2-3 hour evening meeting per year. This meeting is typically scheduled the week or two before Thanksgiving. *Please note that committee members are required to be a LMS PTA member during the 2019-2020 school year.* **If you are interested in participating in this year's committee** and/or you have questions, please contact Kimberley Wells, Committee Chair (kimberleyawells9@gmail.com). Volunteers are chosen on a first-come, first-served basis. Thank you!

Teacher Workday Luncheon – Monday, November 4th



THERE ARE A FEW SLOTS THAT ARE NEEDED TO BE FILLED.

Parents, please help provide our teachers and staff lunch during our next teacher workday on November 4th. You can join us for set-up, clean-up, or donate

food and supplies. Sign up here -

<https://www.signupgenius.com/go/4090f4fa8ae2eabfa7-teacher2>.

Donations can be dropped off the morning of the lunch by 11:00 a.m. in the Lecture Hall or front office. **Thank you for your generosity.**

Save the Date - Longfellow Love Jam-a-thon

When?

- Friday, November 22
- 6:30 – 8:30 PM



Where?

- Longfellow Middle School Gymnasium

What?

- DJ, Raffles, Longfellow Teacher Dance-Off, More Surprises To Come

Why?

- Provide support for our beloved Longfellow Love Student Assistance Program, benefiting the Longfellow community

Questions?

- Stay tuned. More information to come...
- Contact Emma Blankenbaker eblankenbaker@verizon.net for more information about the program and this inaugural event.

Greece & Rome Study Tour



Mr. McElroy and Ms. Bognolo-Valentine, are planning a trip, the Cradle of Civilization, to visit Greece and Italy with ACIS in late June, 2020. Parents are welcome!

Do you want your child to expand their language learning with a cultural experience outside the classroom? Then this is the trip for you!

Mr. McElroy and Ms. Bognolo-Valentine are holding an informational meeting on Wednesday, November 6 at 7:00 p.m. in Room 011. If you are interested in attending or have any questions, please RSVP or contact Mr.

McElroy at zhstudytours@gmail.com or Ms. Bognolo-Valentine at: senorabv@gmail.com

Yogurt Sales Friday, November 1st

Send your student with \$3 on Fridays in September and October. Zinga yogurt will be for sale at dismissal. This is a fun way to end the week and very popular among the students.



Shop & Support Longfellow



[Use this link](#) every time you shop on Amazon and before adding items to your cart. Our school receives between 4 and 10 percent of the value of your Amazon purchases when you start your shopping through this Longfellow link.

Like us on Facebook!



Important Dates

- **Friday, November 1st** - Yogurt Sale
- **Monday, November 4th** - Teacher Workday Luncheon
- **Tuesday, November 5** - Lancers at the Movies - BUY YOUR TICKETS
- **Monday, November 11** – PTA Meeting (9:00 am)
- **Friday, November 22** - Save the Date - Longfellow Love Jam-a-thon

Longfellow Middle School PTA: Web | PTA Contacts

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